

K.S. Lee's Best Martial Arts, Inc.

Holly Springs

Effective Monday, November 2nd, 2009

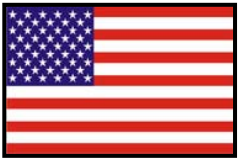
www.nctkd.com



Hours	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00-11:45am	Open Practice	Open Practice	Open Practice	Open Practice	Open Practice	9:15-10:00am No Belt, White, Yellow
12:00-12:50pm	Open Practice	Open Practice	Open Practice	Open Practice	Open Practice	10:15-11:00am Introductory Class
1:00-4:00pm	Open Practice	Open Practice	Open Practice	Open Practice	Open Practice	11:15-12:00am Green, Orange, Blue H-Blue, Brown, Purple, Red, Black
4:00-9:00pm	4:15-5:00 No Belt, White, Yellow	4:15-5:00 Green, Orange, Blue, H-Blue, Brown, Purple, Red, Black	4:15-5:00 No Belt, White, Yellow	4:15-5:00 Green, Orange, Blue, H-Blue, Brown, Purple, Red, Black	4:15-5:00 No Belt, White, Yellow	12:10-1:10pm Children 11 & under Olympic Style Sparring Class (Equipment Req'd)
	5:15-6:00 Green, Orange, Blue, H-Blue, Brown, Purple, Red, Black	5:15-6:00 No Belt, White, yellow	5:15-6:00 Green, Orange, Blue, H-Blue, Brown, Purple, Red, Black	5:15-6:00 No Belt, White, Yellow	5:15-6:00 Green, Orange, Blue, H-Blue, Brown, Purple, Red, Black	1:15-2:00pm 12Yrs & up Olympic Style Sparring Class(Equipment Req'd) 2:15-3:00pm Breaking Technique/ Practice(Invitation only)
NOTES: Sparring equipment is required for sparring class attendance. Hap Ki Do uniform is required for Hap Ki Do class attendance. Advanced training is for advanced learning beyond curriculum. Training changes periodically.	6:15-7:00 Private Introductory Class**	6:15-7:00 All Belts, All Ages (Family Class)	6:15-7:00 Private Introductory Class**	6:15-7:00 All Belts, All Ages (Family Class)	6:15-7:00 Private Introductory Class***	3:15-4:00 Instructor & Jr. & Sr Leadership Training by Announcement
	7:15-8:00 All Belts, All Ages	7:15-8:00 Private Introductory Class	7:15-8:00 All Belts, All Ages	7:15-8:00 Private Introductory Class**	7:15-8:00 All Belts, All Ages	4:15-5:00 DEMO Team & Special Training by Invitation Only
	8:15-9:00	8:00-8:45 TaeKwonDo Adults Only(18yrs Up) All Belts	8:15-9:00 Black Belts Only	8:00-8:45 HapKiDo No Belts & White Only	8:15-9:00	

****ANYONE new can attend introductory classes as a trial; no commitment required!**

1. Students must arrive at least 10 minutes before each class.
2. Never interfere with or disturb a class.
3. Call the school if you must miss class.
4. Consult the instructors when your attendance, techniques, and attitude are commensurate with the next belt level.
5. Special permission is needed to attend more than one class per day.
6. Open practice is by appointment only.
7. All students must attend at least two classes per week.



K.S. Lee's Best Martial Arts, Inc. Cary II (Lake Pine Drive)

Effective October 5, 2009

www.nctkd.com

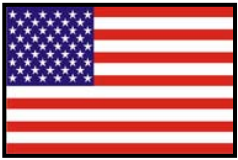


Hours	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00-11:45am	Open Practice	Open Practice	Open Practice	Open Practice	Open Practice	9:15-10:00am No Belt, White, Yellow
12:00-12:50pm	Open Practice	Open Practice	Open Practice	Open Practice	Open Practice	10:15-11:00am Introductory Class
1:00-4:00pm	Open Practice	Open Practice	Open Practice	Open Practice	Open Practice	11:15-12:00am Green, Orange, Blue, H-Blue, Brown, Purple, Red, Black
4:00-9:00pm	4:15-5:00 No Belt, White, Yellow	4:15-5:00 Green, Orange, Blue, H-Blue, Brown, Purple, Red, Black	4:15-5:00 No Belt, White, Yellow	4:15-5:00 Yellow, Green, Orange, Blue, H-Blue, Brown, Purple, Red, Black	4:15-5:00 No Belt, White, Yellow	12:15-1:15pm HapKiDo, All Ages (Uniform Req'd)
NOTES: Sparring equipment is required for sparring class attendance. Advanced training is for advanced learning beyond curriculum. Training changes periodically.	5:15-6:00 Green, Orange, Blue, H-Blue, Brown, Purple, Red, Black	5:15-6:00 No Belt, White, Yellow	5:15-6:00 Green, Orange, Blue, H-Blue, Brown, Purple, Red, Black	5:15-6:00 No Belt, White, Yellow	5:15-6:00 Green, Orange, Blue, H-Blue, Brown, Purple, Red, Black	1:15-2:30pm DEMO TEAM Training Class, by Invitation Only
	6:15-7:00 Introductory Class	6:15-7:00 All Belts, All Ages exc. Intro Class	6:15-7:00 Introductory Class**	6:15-7:00 All Belts, All Ages exc. Intro Class	6:15-7:00 Introductory Class**	2:45-3:30pm Instructor & Leadership Training by Announcement
	7:15-8:00 All Belts, All Ages exc. Intro Class	7:15-8:00 Introductory Class**	7:15-8:00 All Belts, All Ages exc. Intro Class	7:00-7:45 Introductory Class**	7:15-8:00 All Belts, All Ages exc. Intro Class	
	8:15-9:00 Introductory Class	8:00-8:45 All Belts exc. Intro Class 18 yrs & up	8:10-8:55 Red, Black Belt	8:00-8:45 All Belts exc. Intro Class 18 yrs & up	8:10-9:00 Introductory Class**	

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2. Never interfere with or disturb a class.
3. Call the school if you must miss class.
4. Consult the instructors when your attendance, techniques, and attitude are commensurate with the next belt level.
5. Special permission is needed to attend more than one class per day.
6. Open practice is by appointment only.
7. All students must attend at least two classes per week.

1877 Lake Pine Drive, Cary, NC 27518 (Corner of HWY 64 & Lake Pine Drive next to Courtney's Restaurant) 919-467-5239



K.S. Lee's Best Martial Arts, Inc. Cary I (Kildaire Farm Rd)

Effective October 5, 2009

www.nctkd.com



Hours	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00-11:45am	Open Practice	Open Practice	Open Practice	Open Practice	Open Practice	9:15-10:00am No Belt, White, Yellow, Green
12:00-12:50pm	Open Practice	Open Practice	Open Practice	Open Practice	Open Practice	10:15-11:00am Introductory Class
1:00-4:00pm	Open Practice	Open Practice	Open Practice	Open Practice	Open Practice	11:15-12:00am Orange, Blue, H-Blue, Brown, Purple, Red, Black
4:00-9:00pm	4:15-5:00 No Belt, White, Yellow	4:15-5:00 Green, Orange, Blue, H-Blue, Brown, Purple, Red, Black	4:15-5:00 No Belt, White, Yellow	4:15-5:00 Green, Orange, Blue, H-Blue, Brown, Purple, Red, Black	4:15-5:00 No Belt, White, Yellow	12:15-1:15pm Olympic Style Sparring All Belts, All Ages Equipment Req.
NOTES: Sparring equipment is required for sparring class attendance. Advanced training is for advanced learning beyond curriculum. Training changes periodically.	5:15-6:00 Green, Orange, Blue, H-Blue, Brown, Purple	5:15-6:00 No Belt, White, Yellow	5:15-6:00 Green, Orange, Blue, H-Blue, Brown, Purple, Red, Black	5:15-6:00 No Belt, White, Yellow	5:15-6:00 Green, Orange, Blue, H-Blue, Brown, Purple, Red, Black	1:15-2:30pm Instructor & Leadership training By Appointment
	6:15-7:00 Introductory Class	6:15-7:00 All Belts, All Ages exc. Intro Class	6:15-7:00 Introductory Class	6:15-7:00 All Belts, All Ages exc. Intro Class	6:15-7:00 Introductory Class**	
	7:15-8:00 All Belts, All Ages exc. Intro Class	7:15-8:00 Introductory Class**	7:15-8:00 All Belts, All Ages exc. Intro Class	7:00-7:45 Introductory Class**	7:15-8:00 All Belts, All Ages exc. Intro Class	
	8:15-9:00 Red/Black Belt Only	8:00-8:45 All Belts exc. Intro Class 10 yrs & up	8:10-8:55	8:00-8:45 All Belts exc. Intro Class 10 yrs & up	8:10-9:00 Olympic Style Sparring, All Belts, All Ages (Equip Req'd)	

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112 Kilmayne Drive, Cary, NC 27511 (Big Lots Shopping Center – Kildaire Farm Road), 919-469-6088